



Newsletter 22/10

October 2022

EDITORIAL

We might be biased, but the 2022 Australian Long Championships was the most outstanding event at the week-long Australian Championships carnival. This is due in no small part to the outstanding efforts of our organizer Julie Flynn and the mapping talent of Neil Barr. It is rare to find an area that contains detailed rock, mining features and traditional spur-gully terrain on the same map, all of which were utilized by course setter Roch Prendergast (Eureka Orienteers). The weather gods were kind as well resulting in a great day for competitors and officials alike.

This month sees the final two Bush Series events for the year at Crusoe and Browns Reef.

The Club is organizer of the Victorian Club Relay Championships on October 23, and in our tradition, club members can enter the event free-of-charge. President Craig Feuerherdt is organizer for the event and will email details on jobs to be covered on the day and how to enter in the next week or so.

Our annual Twilight Event is set down for October 29 (7.00 pm mass start), and the final event for 2022 will be the Break-Up at White Hills Botanic Gardens on November 5. Keep an eye or ear on your in-box for details.

Dianne and Peter

COMING EVENTS: October/November

For full details and entry details of each competition please go to the Eventor website at:

www.eventor.orienteering.asn.au/Events

Bendigo, Victorian & Local Events

Date	Title	Map	Setter
Sat 8 Oct	Bendigo Bush 20	Crusoe	Phil Robertson
Sat 15 Oct	Bendigo Bush 21	Browns Reef	Ted van Geldermalsen
Sun 23 Oct	Victorian Club Relays	Argyle (Heathcote)	Craig Feuerherdt
Sat 29 Oct	Twilight Event (Mass start 7.00pm)	Mandurang Sheepwash	Andrew Cameron
Sat 5 Nov	Break-up Event	White Hills Botanic Gardens	Club Executive

NEXT CLUB MEETING: Monday, 7th November, 5.30pm, H2OX Office, Old Mill, level 1/35 Wills St, Bendigo

Bendigo Orienteers Club Meetings

Date & time: First Monday of every month (except January) at 5:30pm

Location: H2OX Office, Old Mill, level 1/35 Wills St, Bendigo

All members & non-members welcome. The meetings are open to everyone, not just committee members, feel free to come along and share your thoughts.

Club details:

President: Craig Feuerherdt
Vice-President: Jim Russell
Secretary: Ross Slater
Treasurer: Craig Feuerherdt

Website: www.bendigo-orienteers.com.au

Facebook: www.facebook.com/bendigoorienteers

Newsletter Editors: Dianne & Peter Searle

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Thank you Bendigo Orienteers!

Julie Flynn

During the last few days since the Australian Long Distance Championship event at Nuggety Range I have been feeling very proud of being associated with Bendigo Orienteers.

The club worked together so well to organize this big event for about 870 participants. Thanks to all those members who showed up in the days prior to the event to help clean up the site, get water out, tape up dangerous mine shafts, tape to start, fence crossing construction and check the parking paddock: Neil Barr, Prue Dobbin, Lawrie Edward, Phil Robertson, Peter & Dianne Searle, Ross Slater, Derek Morris and John Wilkinson. Jim Russell and Peter and Dianne Searle camped on site overnight in case of interference with equipment.

Thank you to those who arrived at 6am to help set up the arena: Zac Allen, James Pemberton, Gary Grealy, Peter Galvin, Daryl Fleay, Derek Morris, Ilka Barr, John Chellew, Colin Walker, Jacqui Knee, Alicia Martin, Prue Dobbin, Lawrie Edward and Ross Slater. All these people (and I'm sorry if I missed any others who arrived so early) worked together to get the site ready before the event started.

We had teams of people working together to make the event run smoothly:

- Parking: John Wilkinson managed the parking with many vehicles and a paddock with a few wet spots. I think only 2 vehicles needed towing out of bogs during the day. Thank you to those who worked on parking: Terry and Sue Davidson, Nola Juniper, Colin Walker and a couple of extra people from the local rovers group. The owners of the paddock were very happy that the damage was minimal considering the wet weather we have had. They were very helpful and supportive of our event.
- Starts: Margi Freemantle had the start processes well managed and all those 870 people went through the starts as planned (with only one complaint!). Thanks to Derek Morris, Dianne Searle, Alicia Martin, Colin Walker, Gary Grealy, Peter Galvin, David Jones, Lawrie Edward, James Pemberton, Jenny Ball, Lorraine Leversha and Prue Dobbin.
- Quarantine for elites: Thanks to Anne Robinson and Daryl Fleay for helping us manage this process.
- Finish tent: Thanks to Jacqui Knee, Ross Slater, Sue Briggs, Ilka Barr, Jim Russell, Michael Loughnan, Nigel McGuckian, Tony Radford and Alicia Martin.

This is another essential part of the event, and this seemed to run very smoothly under Ian Dodd's direction.

- Water monitoring, driving around the map during the event: Thank you Neil Barr for managing those 72 x 20 litre water containers which were placed out on the 17 sites across the map.
- String course: Thanks to Nola Juniper for managing this for the small children
- Presentations: Thank you Nigel McGuckian and Jacqui Knee for your clear communication and managing the presentations of all certificates and trophies with the Orienteering Australia officials.
- Collecting Controls: Thanks to Lorraine Leversha, Nola Juniper, Jenny Ball, Prue Dobbin, David Brownridge, Leisha Spowart, Peter Forbes, Heather Jones, Charles Brownridge and several other members who collected controls and tapes and Neil who collected the water containers.
- Packing up the arena and equipment truck: Thank you to all members who helped get this job done.
- Making sure our club trailer was there: Thanks to Peter and Dianne for taking the club trailer to Maldon and getting it back to Bendigo with loads of equipment on board!

At the end of the day, the loaded up equipment truck left, the toilets were collected, the arena was left cleaner than when we started and the paddock had only a few tyre marks as evidence that about 900 people had spent the day there.

A couple of other members worked hard on this event to make it such a success:

Chris Naunton provided his big screen and live tracking which is an amazing spectator opportunity for orienteering. The local police officer and Maldon golf club members who were catering have been talking around the town about this big screen and what a spectacle it brings to such an event.

Jim Russell worked hard over many weeks to ensure there were maps printed for everyone who entered any of the 9 carnival events at 9 different locations over 9 days. I hate to think how many maps he printed for the whole carnival. Poor Jim (who was exhausted and camping on site) was woken up after 10pm on the night before the Maldon event when the event advisor realized we were short of 40 maps. He had to drive home from Maldon, start up his printer and print another 40 maps before going off to charge up his car so he could drive back to Maldon for a few hours of sleep!

Championship carnivals take a lot of work to organize and run. I think I have listed about 35 names of members who helped before and on the day and most of those people didn't get to run in the event.

We had 15 members compete in the event, here are their results and congratulations to each of you:

Place	Name	Class	Time
1	Alison Radford	Women 70A (21)	59:46
1	Leisha Spowart	Women 21A (3)	1:07:52
3	Ilka Barr	Women 35A (4)	1:50:10
4	Tony Radford	Men 70A (32)	54:41
5	John Chellew	Men 80A (11)	58:58
7	Heather Jones	Women 70A (21)	1:16:17
12	Jacqui Knee	Women 45A (19)	1:32:29
13	David Brownridge	Men 21 Elite (26)	2:22:00
19	Ben Goonan	Men 21 Elite (26)	2:53:43
20	Lorraine Leversha	Women 60A (21)	2:21:38
21	Charles Brownridge	Men 70A (32)	1:10:33
24	Peter Searle	Men 75A (28)	1:34:33
25	Daryl Fleay	Men 75A (28)	1:39:16
	Zac Allen	Men 21AS (2)	dnf
	Prue Dobbin	Women 60A (21)	dnf
	Don Cherry	Men 55A (26)	dns
	Nigel McGuckian	Men 60A (28)	dns
	Anne Robinson	Women Open B (14)	dns



Busy at Australian Long Championships last control



Clare Brownridge, course setter, Australian Sprint Championships



Australian Long Championships arena



Leisha Spowart, 1st W21A at Australian Sprint Championships

A story to tell

With over 800 competitors in the Australian Long Distance Championships there will be many tales of success, luck, heartache and disappointment. This is just one, adapted from the 'Attackpoint' social media comments of Brigdet Uppill, W21E competitor from South Australian club, Onkaparinga Hills.

"I actually don't know how long I was out there for as I completely lost the plot and my watch was my last priority.

Today during the Australian long distance orienteering event I experienced what it feels like for your body to completely give up on you. I felt a bit faint and weak going across to my 19th control so decided to have a long stint sitting at a water control. I then proceeded to head back via the start as I knew my event was done then. Staggering to the start area, hoping someone would be there still, Tash [Natasha Rowe] thankfully gave me a gel as she passed me. I was also thankful to see a ute at the water stop which belonged to Neil Barr and he kindly said he would give me a lift back to the arena. So while I was attempting to get into his ute my left leg cramped up so badly that I fell out of his ute and landed square on my back (sorry Toph [Chris Naunton] but I landed right on the gps tracker). After a lot of swearing and crying on the ground, I managed to get back into the ute only to have another cramp in my right glute. Another round of swearing and crying and I was thankfully back at the arena to the welcome arms of Simon and Euan who had water ready for me. Tough day and still feeling like [expletive deleted], but much better. Back is sore from falling out of ute.

Also, this is how vague I was on the ride back. I asked Neil Barr who he was. I know who Neil is and he knows who I am so this must have been amusing for him. So turns out in my vagueness I just got into some guy's ute in the hope they would take me back to the arena."

Orienteering in IKEA – without the flatpacks

In the September newsletter, Margi Freemantle and Ted van Geldermalsen reported on their experiences at the 2022 OOCup in Sweden. This month they tell of the joys of orienteering inside an IKEA store in Uppsala, Sweden. There are usually around 10000 entries in the annual Swedish ORingen event but entries to the IKEA event on the rest day were restricted to 100 per hour – presumably for the protection of customers. This is Margi's description of how it all unfolded:

"On the recreation day at this year's ORingen, the organisers put on an indoor event at the Uppsala IKEA store. Entries opened with 100 entries being accepted for each hour throughout the day. By the time we realised the event was on, it was booked out until the 2-3pm window - and we quickly put our names down in Eventor and paid our money.

It was not easy! We have competed in indoor events before, but in the main these have included counting off doors and corridors in buildings and deciphering how stairs are linked together. This was a whole different ball game, having to navigate around much smaller obstacles such as beds, lounge suites and lots of free-standing display units featuring everything you could possibly imagine people want for their homes. Plus, it was essential to keep your eyes open for IKEA customers as the store was open to the public for the duration of the event.

All the officials wore bright yellow T-shirts and there were a lot of them, making sure all the competitors were well behaved and didn't mow down the customers.

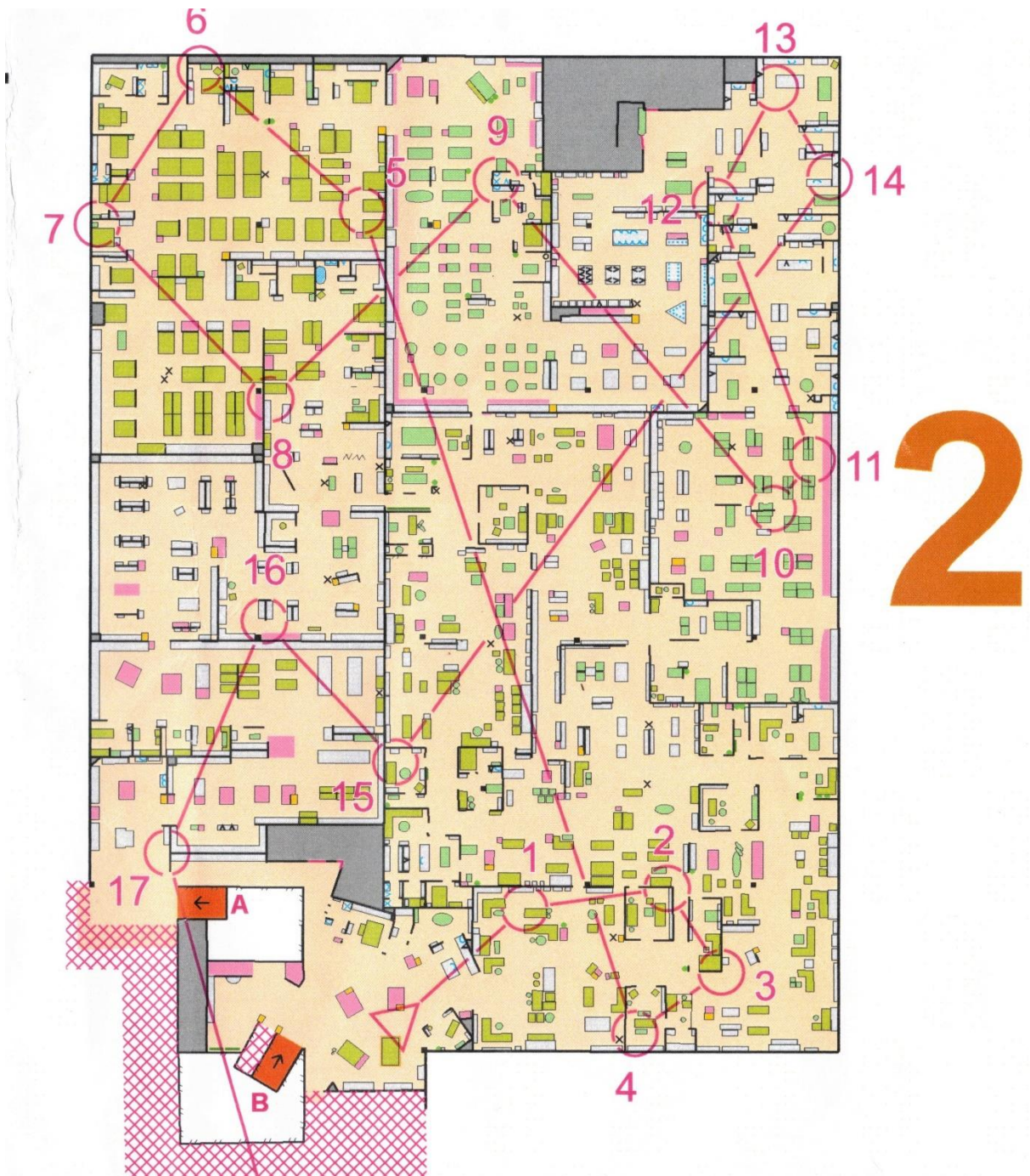
The controls were upturned white and orange plastic rubbish bins with the SI unit on top."

(See map and other details beginning page 5)



At the map boxes (The Start). Time to get 'orientated' which meant aligning the map to the layout of the furniture as the map was not orientated to north.

At the start – yellow official maintaining order.



The map of Uppsala IKEA – first 17 controls on Level 2

Suðr				
Suðr	1,0 km			
▷				
1	53	□		┌
2	55	■	■	┌
3	32	■		└
4	57	□		┌
5	63	↑	□	┌
6	60	□		┌
7	62	□		○
8	41	■		┌
9	47	○		
10	49	□	■	└
11	51	□		└
12	48	■	■	┌
13	61	■		┌
14	59	■	■	└
15	45	□		┌
16	44	■		└
17	94	■		○
18	75	■		┌
19	67	■		┌
20	78	↘	■	┌
21	80	■	■	○
22	91	■	■	○
23	80	■		┌
24	87	■	■	○
25	88	■	■	○
26	33	■		┌
27	82	×		
28	84	▲		┌
29	100	×		

○ — 50 m —

IKEA map control descriptions


Some control sites with descriptions



54	Well	A shaft containing water or a captive spring, clearly visible on the ground. Often with some form of man-made surround.
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Control 9 (#47) on the map

	Waterhole	A water-filled pit or depression.
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How would you describe this location?