

## PRESIDENT'S MESSAGE

As we head toward the end of 2020 I'd like to thank you for supporting Bendigo Orienteers this year. While challenging, our club managed to run plenty of events. With less than 2 months until the season opening Fowl & Fizz event we have a few things to update you on.

Memberships: You can now renew your membership via Eventor.

**Major events:** Once again Bendigo Orienteers are lead organiser for several major events in 2021. Bendigo is renowned for running exceptional events and we want to maintain that status and this can only be achieved with support from you, our members.

Please mark the following dates in your diary. We will put a call out to fill positions closer to those events. Jim Russell is running the Bendigo Two-day and an NOL event at Mount Alexander (Sat March 13). We are also down to run the Vic Relay Champs (Sun June 6) and the first event of June long weekend out towards Eppalock. If everyone makes a small contribution it's enjoyable for everyone so keep an eye open for emails asking for help as the events get closer.

**Course setting:** once again we have a full calendar of local events planned which can be viewed at <u>http://bendigo-orienteers.com.au/wordpress/fixture/</u> (A briefer form of the fixture calendar is found at the end of this newsletter for your convenience.)

We'd like to see all course setters filled in before the season starts. We understand it may be intimidating if you haven't set a course before however there is plenty of support within the club to help and it is a rewarding task.

All course setters receive free entry to a Bendigo event. If you are 18 years or younger you will receive 2x free entries if you set a course in 2021.

Please reply to: president@bendigo-orienteers.com.au with the date/map you'd like to course set. As a course setter you can decide the event format. Over the years there have been some interesting events providing diversity and interest to participants. Naturally you can also stick to the regular 5 courses too 😊

We have also pencilled in some park and street events during the summer months. We'll send out more info shortly if they get off the ground. They are a good way to keep the fitness levels up prior to the season official!

I'd like to wish everyone a happy and safe holiday period. Thank you for being a member of Bendigo Orienteers in 2020 and we look forward to seeing you back in 2021.

Craig Feuerherdt President

## **EVENT REPORTS**

## MT KORONG, 19 September, 2020

Mt Korong was our first event again after another enforced COVID break, and what a great day out it was! The weather was just right, the grasses lush and wildflowers in abundance. Once again we were able to park on private property - thanks to a generous landowner, lan.

Five courses set by Daryl Fleay presented 55 runners with lots of route choice along with wonderful scenery and some lovely views, for those of us with the time to stop and take them in whilst catching one's breath! It was nice to be able to catch up with orienteering friends once again, to see some smiling eyes above the facemasks.

Great to be back - we were looking forward to the next local event. Thank you Daryl for the challenges you set.

## MYERS CREEK, 26 September, 2020

Quite a change weather-wise for this Shorts 1 event, with 42 entrants testing themselves on Julie Flynn's courses. The temperature took a plunge but there was no rain, and once out on course the conditions were quite pleasant. James Robertson was fastest time on the 5.9 km course, Stephen Bird took out the honours on the 4.5 km and new member Simone Beckham coming home first on the 3.7 km trip, with the Slater family once again having the most fun, collecting 'treasures' along the way.

## **IRONSTONE HILL, 3 October, 2020**

Shorts 2 event turned out fine and quite warm, when 37 orienteers took on Jenny Ball's courses at Ironstone Hill. It was surprising to find some very damp areas to trick the unwary along the way, hidden as some of it was in the luxurious green growth in shallow gullies prior to the finish control! Tricky if you lost concentration and found yourself with the option of going home with wet shoes, unusual for Bendigo. Bonus was the wonderful array of wildflowers. Once again James R took out the honours on the long course with Wendy Taverna just pipping

husband Dale on the medium.





## Fastest Known Time – Bendigo Bushland Trail

On November 21, Craig Feuerherdt and Sarah Jalim set out to run the 70 km Bendigo Bushland Trail (map below) in the 'Fastest Known Time' for an unsupported run. They achieved their goal in just over six and a half hours – a fantastic effort. Congratulations Craig and Sarah. Here is Craig's report:

'The Bendigo Bushland Trail (BBT) is well known by runners and riders. With a few running mates recently claiming a FKT, the BBT was an attainable goal and perfect training for an upcoming event. Completing it as an unsupported run added a little more complexity with respect to topping up water - a priority given the warm conditions in Bendigo at this time of year.



'Sarah and I started just before 3am on Saturday morning at White Hills Botanic Gardens and ran anticlockwise. This was the only feasible starting place at this time as the only available public water taps were along the southern part of the route. We had a map of the route from a friend who'd ridden the track several weeks before they are also a member of the BBT committee so we were confident of the route between the map and the signposts. We made a few little errors in the dark due to the density of tracks in some parts, but were quickly back on the right track. We arrived at Kangaroo Flat Botanic Gardens around 6:30am where we stopped to eat some food and fill up our water. From here on the track network was more familiar to both of us as we regularly run in this area. The morning started heating up as we climbed over One Tree Hill and out to the McIvor Highway. We had been moving well but the last 20km was flat and warm. We arrived back at our starting location in just over 6.5hrs'.



Craig (with a Movember Mo) and Sarah after the run

#### Mahalia Patricia Naunton

Congratulations to Toph and Jacqui Naunton on the birth of daughter Mahalia on December 5.



#### Jim Russell goes electric

Jim has invested in the future with his purchase of a fully electric s/h Nissan Leaf. His next project is to build a shed in the backyard with solar panels to keep the Leaf charged and be independent of the grid.

A major issue with electric cars can be 'range anxiety'. It's two words you'll hear from everybody when talking about electric cars. How far can you go on a charge? How long does it take to recharge? What happens if you run out of charge? Jim is notorious for his planning skills and has overcome his range anxiety in a few days. He has no intention of joining the Leaf owner below!



### Member's 'Iso' activities

With COVID a disruption to normal activities members devoted more time on other things. A keen amateur astronomer, John Wilkinson spent some time in the sun and took the image below during the current sunspot cycle. The HR image shows four active regions, with the white areas being flares. For the technically-minded the image is a single exposure (1/80 sec x 800 iso) with a Canon 550d camera through a Lunt 100 mm solar scope at H alpha wavelength.

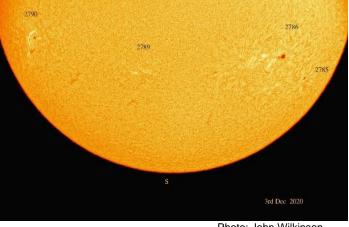


Photo: John Wilkinson

## Vale Viv McMillan

It was with great sadness that we learned of the death of Viv on December 13. Viv took part in many local events over the years and was a keen rogainer with daughter Katherine. Our thoughts and prayers are with Viv's family.



Photo: Don Cherry Viv and Katherine negotiating a punch control at the Retro 40<sup>th</sup> Anniversary event, Wildflower Drive, 2017

# First aid kit grant

As part of Victorian Sport and Recreation grant scheme, the club has been successful in obtaining a grant to purchase a Remote Area First Aid Pack. The equipment will mean that if an orienteer is injured in a remote or inaccessible location the club can provide assistance before they can be reached by normal first aid or ambulance services. Let's hope we never need to use it.

# Club AGM coming soon

The club AGM is coming up on February 7 at Crusoe #7 Park. It will follow our established tradition of a score event starting at 7.00am, followed by Fowl & Fizz breakfast and then our AGM. Further details will be provided during January.

It has been suggested that we move to a more formal voting system at the AGM using a giant control flag similar to that used in the recent election for the President of Poland. National dress will be optional however!



## 2021 Fixture

2021 FIXU DATE	STATE/AUS EVENT	BENDIGO EVENT	MAP/LOCATION	TERRAIN	ORGANIZER
Sun, 10 Jan		Park & Street	Golden Square	Park	Craig/Andrew?
, Sun, 17 Jan		Park & Street	University	Park	Craig/Andrew?
Sun, 24 Jan		Park & Street	Spring Gully	Park	Craig/Andrew?
Sun, 31 Jan		Park & Street	Victoria Hill	Park	Craig/Andrew?
Sun, 7 Feb		Fowl & Fizz	Crusoe	Spur Gully	
Sat, 20 Feb		BendiGo ToDay	Eaglehawk North PS	Sprint	Jim Russell
Sun, 21 Feb		BendiGo ToDay	Fiddlers Green	Mining	Jim Russell
Sat, 13 Mar	NOL	benardo robay	Mt Alexander	Granite	Jim Russell
Sun, 14 Mar	NOL			orunite	
Sat, 20 Mar		Bush	Korong	Granite	Julie Flynn
Sat, 27 Mar		Bush	Mt Kooyoora	Granite	
Sat, 3 Apr	EASTER 3 DAY	bush	Orange, NSW	Granite	
Sun, 4 Apr	EASTER 3 DAY		Orange, NSW	Granite	
Mon, 5 Apr	EASTER 3 DAY			Granite	
			Orange, NSW	Granite	
Sat, 10 Apr	NSW Middle Champs		Eugowra, NSW		
Sun, 11 Apr	NSW Long Champs	D	Eugowra, NSW	N 41 or 1 or 1	
Sat, 17 Apr		Bush	Royal George Company	Mining	
Sat, 24 Apr		Bush	Smiths Reef	Spur Gully	
Sun, 25 Apr	Maxi 1 - Maldon				
Sat, 1 May		Bush	Mandurang Sheepwash	Spur Gully	
Sun, 2 May	Vic Autumn		Boundary Creek (Glenlyon)	Spur Gully	
Sat, 8 May		Bush	Sedgwick North	Spur Gully	Neil Barr
Sat, 15 May	Vic MTBO - M'borough	Bush	Lyell Forest	Spur Gully	
Sun, 16 May	Vic MTBO - Dunolly				
Sat, 22 May		Bush	Pilchers Bridge North	Spur Gully	
Sun, 23 May	Vic Autumn		Mt Tarrengower (Maldon)	Granite	
Sat, 29 May		Bush	Wildflower Drive	Spur Gully	
Sun. 30 May	Vic Autumn		Glenlyon Forest (Glenlyon)	Spur Gully	
Sat, 5 Jun			empty		
Sun, 6 Jun	Vic Relays		Argyle (Heathcote)	Mining	Jim Russell/Craig Feuerherdt
Sat, 12 Jun	Eppalock 3 day	Bush	Mosquito Creek	Spur Gully	Terry Davidson has set courses
Sun, 13 Jun	Eppalock 3 day		Kimbolton	Spur Gully	DROC/MFR
Mon. 14 Jun	Eppalock 3 day		Kimbolton	Spur Gully	DROC/MFR
Sat , 19 Jun		Bush	One Tree Hill	Spur Gully	Peter Searle
Sat, 26 Jun			Diamond Hill South	Mining	
Sun, 27 Jun	Ballarat Winter 1		Nerrina North		
Sat, 3 Jul		Bush	Diamond Hill North	Mining	
Sun, 4 Jul					
Sat, 10 Jul		Bush	Browns Reef	Spur Gully	
Sun, 11 Jul	Ballarat Winter 2		Cornish Hill		
Sat, 17 Jul			Dead Bullock Gully	Mining	
Sat, 24 jul			Bullock Track	spur Gully	
Sun, 25 Jul	Ballarat Winter 3		Nerrina South		
Sat, 31 Jul		Bush	Lockwood	Spur Gully	
Sat,7Aug		Bush	Sedgwick South	spur Gully	
Sun, 8 Aug	МТВО				
Sat, 14 Aug		Bush	Browns Reef	Spur Gully	
Sun, 15 Aug	Vic Spring 1		Sailors Diggings (Daylesfor	d)	
Sat, 21 Aug		Bush	Kangaroo Gully	Mining	
Jul, ZI Aug			,	0	
Sun, 22 Aug	Vic Spring 2		Lauder Mine (Sandon)		

Sun, 29 Aug	Vic Spring 3		Enfield State Forest (Ballarat)		
Sat, 4 Sep		Bush	Mount Alexander	Granite	
Sun, 5 Sep	МТВО				
Sat, 11 Sep	Vic Champs - Little Kangaroo Crossing		empty		
Sun. 12 Sep	Vic Champs - Kangaroo Crossing				
Sat, 18 Sep		Bush	Mount Tarrengower	Granite	
Sat, 25 Sep	Aus Champs (TAS)		Hunt Mine Creek - mining		
Sun, 26 Sep	Aus Champs (TAS)		Argonaught - mining		
Sat, 2 Oct	Aus Champs (TAS)		Bells Marsh - St Helens		
Sun, 3 Oct	Aus Champs (TAS)		Rajah Rock - granite		
Sat, 9 Oct		Short	Virginia Hill	Mining	
Sat, 16 Oct		Twilight	Mandurang Coolibah	Spur Gully	
Sun, 7 Nov		Park & Street	Lake Weeroona	Park	Craig/Andrew?
Sun, 14 Nov		Park & Street	Kennington	Park	Craig/Andrew?
Sun, 21 Nov		Park & Street	Gateway Park	Park	Craig/Andrew?
Sun, 28 Nov		Park & Street	Eaglehawk	Park	Craig/Andrew?
Sun, 5 Dec		Park & Street	Dead Bullock Gully	Park	Craig/Andrew?
Sun 12 Dec		Park & Street	White Hills	Park	Craig/Andrew?