

Control Freak

The newsletter of the Bendigo Orienteers

www.bendigo-orienteers.com.au

August 2011

Coming events: Local event start times 1230-1400 unless otherwise stated. All courses finish by 1530hrs.

13 August 2011

Event: Bendigo Ironman

Start: 13 August 2011 12:30:00

Organiser: Neil Barr

Map: Peg Leg Gully

Directions: From Bendigo: Travel towards Maldon from Lockwood South. After 15 kilometres turn right into Nuggety Road and immediately left into Bells Reef Road (dirt). Parking on the left after 2 kilometres. Beware some rugged dips in the road. From Melbourne: Take the Calder to Harcourt. Continue 5.5 kilometres north towards Bendigo. Left into Fogarty's Gap Road. After 12.7 kilometres turn hard right at the road junction. After 1.5 kilometres turn left into Nuggety Road and immediately left into Bells Reef Road. Parking on the left after 2.7 kilometres. Beware some rugged dips in the road.

20 August 2011

Event: Bush Classic 10

Start: 20 August 2011 12:30:00

Organiser: Derek Morris

Map: Devonshire Reef 1:10000

Directions: Note: Old map stocks will be used.

From Bendigo: drive to Eaglehawk Shopping Centre. Turn left (west) into Victoria St and travel 1.2km, turning right into Upper California Gully Rd (O-sign) and follow O-signs to start.

From Melbourne: Take Calder Hwy to Bendigo CBD. Turn left into A79 (Don St) toward Kerang, Mildura (Beechworth Bakery). Travel 5.7km to Eaglehawk Shopping Centre on B260, then follow Bendigo directions.

Comments: There are some areas of heavy regrowth due to the Black Saturday Fires which will affect the longer courses.

27 August 2011

Event: Bush Classic 11

Start: 27 August 2011 12:30:00

Organiser: Derek Morris

Map: Fiddlers Green 1:10000

Directions: Note: Old map stocks will be used.

From Bendigo: drive to Eaglehawk, then turn right into the C336 toward Mitiamo Pyramid Hill (Sailors Gully Rd). Travel 1km, turning right into Hodgson St (O-sign). Travel 0.9km turning left into Lightning Hill Rd (O-sign), then follow O-signs to Start.

From Melbourne: Take Calder Highway to Bendigo CBD. Turn left into A79 (Don St) to Kerang, Mildura at Beechworth Bakery. Travel 5.9km to Eaglehawk on the B260 then as for Bendigo directions.

Comments: Parts of the course will be affected by regrowth.

3 September 2011

Event: Bendigo Rocks 3

Start: 3 September 2011 12:30:00

Organiser: Daryl Fleay

Map: Melvilles Caves

Directions: Travel to Inglewood, Kingower and continue to Melvilles Caves. Assembly area is lower carpark/picnic area.

4 September 2011

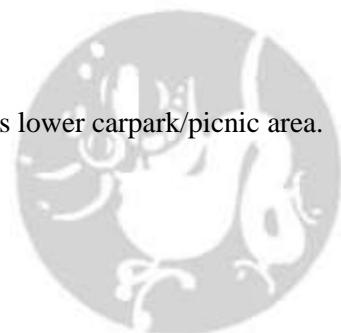
Event: Badge Event

Start: 4 September 2011 10:00:00

Organiser: Craig Feuerherdt

Map: Kooyoorra State Park

Directions: TBA



Smith's Reef 16th July 2011

Course 1 7.6k

1.	0 Bryan Keely	BGV	00:38:34
2.	0 Craig Feuerherdt	BGV	00:45:06
3.	0 Todd Neve	MFV	00:45:24
4.	0 James Robertson	BGV	00:47:47
5.	0 Laurina Neumann	BGV	00:51:50
6.	0 Neil Barr	BGV	00:58:04
7.	0 Warwick Davis	TKV	00:59:26
8.	0 Colin Walker	BGV	01:00:21
9.	0 Nigel NcGuckian	BGV	01:00:50
10.	0 Rob Lewis	BKV	01:01:24
11.	0 Andrew Cameron	BGV	01:01:51
12.	0 Matthew Browne	BGV	01:03:14
13.	0 David Jones	BGV	01:10:21
14.	0 Christopher Creely	BGV	01:11:27
15.	0 Julie Flynn	BGV	01:15:56
16.	0 Paul Elam	TKV	01:27:45
17.	0 Ian Collins	BKV	01:43:33

Course 2 5.0k

1.	0 John Wilkinson	BGV	00:34:14
2.	0 Ed Neve	BGV	00:40:23
3.	0 Mark Hennessy	BGV	00:42:00
4.	0 Peter Galvin	BGV	00:46:57
5.	0 Heather Bice	EUV	00:49:48
6.	0 Blake Gordon	EUV	00:55:52
7.	0 Dale Gordon	EUV	00:58:33
8.	0 Derek Morris	BGV	00:58:52
9.	0 Jenny Ball	BGV	00:59:03
10.	0 Nola Juniper	BGV	01:00:19
11.	0 Heather Jones	BGV	01:06:11
12.	0 Anne Garvey	TKV	01:15:49
13.	0 Richard Bice	EUV	01:18:59
14.	0 Diane Searle	BGV	01:22:16
15.	0 Rob Clark	BGV	01:44:35
16.	0 Bob Leicester	BKV	01:48:07
	0 John Chellew	BGV	No Start Time

Course 3 2.8k

1.	0 Tavish Eenjes (Unofficial)	BGV	00:23:51
2.	0 Lawrie Edward	BGV	00:30:08
3.	0 Bob Cameron	BGV	00:35:16
4.	0 Robyn Sunderland	VOA	00:36:48
5.	0 Judy Prendergast	EUV	00:37:21
6.	0 Finn DeLacy	CHV	00:38:59
7.	0 Geoff Byron	BGV	00:42:28
8.	0 Ian Johnson	BGV	00:52:27
9.	0 Louis Cameron	BGV	00:59:16
10.	0 Peter Creely	BGV	00:59:38

Course 4 3.1k

1.	0 Tavish Eenjes	BGV	00:31:47
2.	0 Stephen Bird	CHV	00:32:24
3.	0 Leisha Maggs	BGV	00:36:00
4.	0 Peter Trounson	BGV	00:39:30
5.	0 Meg Wardell	BGV	00:42:02
6.	0 Rowan Goffin	BGV	00:42:51
7.	0 Michael Brench	BGV	00:47:22
8.	0 Steven Brench	BGV	00:51:55
9.	0 John & Dot Maguire	BGV	00:56:46
10.	0 Darren Eenjes	BGV	00:58:43
11.	0 Jimmy Cameron	BGV	00:59:24
12.	0 Alison Byron	BGV	01:02:05
13.	0 Debbie Thurston	BGV	01:11:10
14.	0 Thurston Group	BGV	01:12:00

Course 5 2.3k

1.	0 Caitlyn Steer	BGV	00:30:11
2.	0 Serryn Eenjes	BGV	00:30:35
3.	0 Alexandra Leicester	BKV	00:31:07
4.	0 Lachlan Trounson	BGV	00:38:14
5.	0 John Steer	BGV	00:40:17
6.	0 Andrea Tozer	BGV	00:44:51

Mt Tarrengower 23rd July 2011

Course 1 7.0k

1.	0 Bryan Keely	BGV	00:47:24
2.	0 David Brownridge	BGV	00:57:02
3.	0 Chris Naunton	BGV	00:57:31
4.	0 Craig Feuerherdt	BGV	01:00:17
5.	0 Todd Neve	MFR	01:05:47
6.	0 Ilka Barr	BGV	01:12:34
7.	0 Warwick Williams	BGV	01:16:37
8.	0 Neil Barr	BGV	01:19:47
9.	0 Matthew Browne	BGV	01:22:08
10.	0 Colin Walker	BGV	01:32:28
11.	0 Christopher Creely	BGV	01:35:37
12.	0 Julie Flynn	BGV	01:41:15
	0 Laurina Neumann	BGV	DQ
	0 Nigel NcGuckian	BGV	DQ
	0 Vanessa Round	MFR	DQ
	0 Jasmine Neve	MFR	DQ
	0 Paul Leicester		DQ
	0 Paul Elam	TKV	DQ

Course 2 4.9k

1.	0 John Wilkinson	BGV	00:56:42
2.	0 Jimmy&Andrew Cameron	BGV	00:57:56
3.	0 Charles Brownridge	BGV	01:06:16
4.	0 Mark Hennessy	BGV	01:15:07
5.	0 Derek Morris	BGV	01:15:12
6.	0 John Chellew	BGV	01:17:18
7.	0 Louise Hall	BGV	01:21:30
8.	0 Heather Jones	BGV	01:26:25
	0 Bob Leicester		DQ

Course 3 3.8k

1.	0 Lawrie Edward	BGV	00:45:09
2.	0 Jenny Ball	BGV	00:56:12
3.	0 Nola Juniper	BGV	00:56:40
4.	0 Louis Cameron	BGV	01:00:48
5.	0 Anne Garvey	TKV	01:01:02
6.	0 Tavish Eenjes	BGV	01:01:39
7.	0 Geoff Byron	BGV	01:10:34
8.	0 Dick Barker		01:15:26
9.	0 Judy Prendergast		01:16:04
10.	0 Finn DeLacy	CHV	01:22:42
11.	0 Ian Johnson	BGV	01:32:35

Course 4 3.3k

1.	0 Darren Eenjes	BGV	00:41:08
2.	0 Leisha Maggs	BGV	00:52:38
3.	0 Thurston	BGV	00:55:44
4.	0 Ashleigh Trounson	BGV	00:57:04
5.	0 Michael Brench	BGV	00:58:16
6.	0 Peter Trounson	BGV	00:58:22
7.	0 Noel & Kath Shanahan	BGV	00:58:40
8.	0 Margaret Barker		01:03:05
9.	0 No Card	BGV	01:15:25
10.	0 D Thurston	BGV	01:33:20
11.	0 Andrea Tozer	BGV	01:33:48
12.	0 Alison Byron	BGV	01:35:31
13.	0 Steven Brench	BGV	02:06:02
	0 Stephen Smith	BGV	DQ
	0 Rueben Cameron	BGV	DQ

Course 5 2.9

1.	0 Amy Cripps	BGV	00:20:54
2.	0 Caitlyn Steer	BGV	00:24:32
3.	0 Andrea Tozer	BGV	00:26:03
4.	0 Lachlan Trounson	BGV	00:36:44

Ironstone Hill July 30th 2011**COURSE 1 - 7.1 km**

James Robertson	46:34
Laurina Neumann	52:50
Nigel McGuckian	64:40
Chris Creely	66:01
Colin Walker	75:00
Catherine Creely	83:19
Ian Collins	111:38

COURSE 2 - 5.1 km

John Wilkinson	42:22
Warwick Williams	44:11
Tim Dent	57:46
Ken Dowling	60:02
Derek Morris	70:20
Peter Galvin	72:05
Jenny Ball	75:27
Anitra Dowling	No Printout
David Jones	No Printout
Heather Jones	No Printout

Charles Brownridge	No Printout
Phil Spark	No Printout
Paul Elam	MP
Louise Hall	DNF
Bob Leicester	DNF

COURSE 3: 3.3 km

James&Sara Lumsden-Hill	36:52
Laura Spark	42:24
Geoff Byron	47:07
Rob Clark	51:42
Dick Barker	53:05
Anne Garvey	62:36
Ian Johnson	67:06
N&K Shanahan	71:00
Mark Webster	82:47
Steve Smith	86:37
Bernard&Stephen&Chris&Jennifer Street	110:39
C Coad & L Jones	No Printout

COURSE 4 - 2.9 km

Leisha Maggs	31:23
Tavish Eenjes	32:35
Rowan Goffin	39:53
Narissa Leung	44:56
Darren Eenjes	45:38
Alison & Alana Byron	57:00
Margaret Barker	57:05
Darren & Alana	74:39
Peter Trounson	No Printout

COURSE 5 - 2.1 km

Serryn Eenjes	20:40
Michael Loughnan	22:45
Caitlyn Steer	27:41
Alana & Darren	32:00
John Steer	42:34
Elanor Williams	43:40
Lachlan & Daniel	83:55

Lyell Forest South 6th August 2011**Course 1 7.0k**

1.	0 Blair Trewin	YVV	00:43:00
2.	0 Christopher Creely	BGV	00:53:37
3.	0 Warwick Williams	BGV	00:54:47
4.	0 Warwick Davis	TKV	00:58:58
5.	0 Colin Walker	BGV	00:59:07
6.	0 Catherine Creely	BGV	01:06:35
	0 Neil(Black Crow)Barr	BGV	Course 1/1Sh? (see page 5)

Course 1 short 5.7k

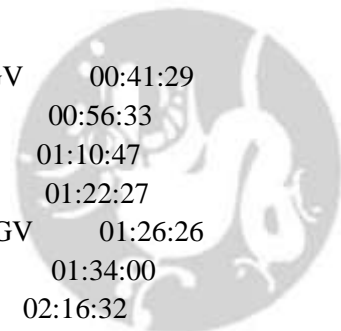
1.	0 Laurina Neumann	BGV	00:41:29
2.	0 Paul Elam	TKV	00:56:33
3.	0 Anitra Dowling		01:10:47
4.	0 Julie Flynn	BGV	01:22:27
5.	0 Charles Brownridge	BGV	01:26:26
6.	0 Louise Hall	BGV	01:34:00
7.	0 Bob Leicester		02:16:32



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Course 2 4.7k

1.	0 John Wilkinson	BGV	00:36:16
2.	0 John Chellew	BGV	00:47:50
3.	0 Heather Bice		00:54:20
4.	0 Ray Shelton		00:54:48
5.	0 Jenny Ball	BGV	00:59:11
6.	0 Ken Dowling		01:02:21
7.	0 Anne Garvey	TKV	01:04:09
8.	0 Derek Morris	BGV	01:10:46
9.	0 Richard Bice		01:24:06

Course 3 3.4k

1.	0 Andrew Cameron	BGV	00:41:08
2.	0 Geoff Byron	BGV	00:45:33
3.	0 Rob Clark	BGV	00:49:15
4.	0 Mark Webster	BGV	00:54:49
5.	0 Noel & Kath Shanahan	BGV	01:07:27
	0 Dick Barker	MP	

Course 4 3.1k

1.	0 Leisha Maggs	BGV	00:30:48
2.	0 Tavish Eenjes	BGV	00:35:02
3.	0 Andrew Steer	BGV	00:38:02
4.	0 Peter Trounson	BGV	00:42:36
5.	0 Katherine McMillan	BGV	00:48:00
6.	0 Rowan Goffin	BGV	00:48:03
7.	0 Michael Brench	BGV	00:52:49
8.	0 Alison Byron	BGV	00:57:25
9.	0 John Maguire	BGV	00:58:38
10.	0 Alana Byron	BGV	01:00:11
11.	0 Steven Brench	BGV	01:01:15
12.	0 Nola Juniper	BGV	01:05:27
13.	0 Michael Loughnan	BGV	01:06:42
14.	0 Andrea Tozer	BGV	01:08:44
15.	0 Margaret Barker		01:09:19
16.	0 J.Mummery M.Nolton	BGV	01:16:09
17.	0 Kozha Family	BGV	01:30:41
	0 Narissa Leung	BGV	MP

Course 5 2.3k

1.	0 Serryn Eenjes	BGV	00:19:25
2.	0 Caitlyn Steer	BGV	00:23:33
3.	0 Eleanor Williams	BGV	00:41:04
	0 Lachlan Trounson&Daniel	BGV	MP



And for the Orienteer who has everything...

The Red Ribbon Challenge

The Bendigo Red Ribbon Sub Junior Challenge is on again this year. It will be held on the Melville Caves map (Mt. Kooyoora) and will be a challenge in more ways than one! In 1853 the diggers on the Bendigo Goldfields objected to the imposition of the gold license fee of thirty shillings a month and between June and August 1853 they took to wearing a red ribbon as a symbol of their objection to the license, and to arbitrary government. On August 28th 1853, ten thousand diggers marched on the government camp in Rosalind Park but the day passed without anger or bloodshed; not long afterwards the diggers succeeded in having the license replaced by a Miner's Right.

What's this got to do with orienteering? In an effort to raise the profile of sub junior orienteering in Victoria, Bendigo will put on its own little Rebellion at our State Event, on Melville Caves on Sunday 4 September. All Victorian Sub-Junior orienteers will be invited to enter in A classes M/W 10, M/W 12, and M/W 14. Points will be awarded as follows:

Each competitor will receive 10 points for participating, plus points on a sliding scale, depending on the number of competitors, for placing – 1st., 2nd., 3rd. etc. The winning club will get to keep the handsome trophy for the year until defending it at the next challenge in Bendigo in 2011. Each section winner will receive a good looking medallion.

All Sub-Junior orienteers wishing to represent their club must enter at the Registration tent at the event, on the day. There they will be given a distinctive red ribbon which will indicate their status as official competitors. The entry fee for ALL juniors, members or otherwise will be \$5.00 unless entered as part of a Family entry. SI stick hire will be \$2.00.

Enquiries to Peter Creely, ph. 5443 1075 or e-mail luddcreely@impulse.net.au

Advertisement:

A 5 or 10k run with no chance of getting lost (well almost), no thick bush, no granite and hardly any hills - and all for a good cause.

Organised by the Bendigo Health Foundation to support the Bendigo Hospital's Special Care Baby unit.



Is the Black crow competition all over for the year...

Prologue: Ian had set the courses on Lyell Forest, his now traditional birthday celebration courses. He turns 83 today. You have to be impressed.

He set the usual courses 1,2,3,4 and 5, but added an extra that he called 1 short. Perhaps better described as 1.5. Trouble is, quite a few people have still not adjusted to our current course numbering and still use the somewhat dilapidated A, B, Bshort, C, D. I was potentially going to have responsibility for the results and was concerned at the strange courses on the board... including some B shorts being applied to course 2, and a B long! I could see the results job being a pain in the arse, so asked a few people to clarify their courses and tried to explain that there are no A,B,C,D courses now. I think one person in particular had trouble accepting this proposition.

Preparation: Ian was using old offset maps, so we had to draw courses. This is a rare experience these days. The old map boards are rarely used, so have not been changed to reflect the new course structure. In fact, they reflect the structure before last... A,B, C, D. I went to the board labelled A and drew up what I thought was course 1. Note.. I didn't check the control descriptions.

The early race: I had set myself the aim for running course 1 at a kilometre rate equal to that of the fastest course B time. That meant a time of 52 minutes. Controls 1 and 2 went without incident, though I was surprised to find another control near control 1. Spiked control 3 as well, because I contoured in to avoid loss of height and it was where i expected it to be, The cliff face was only about 30 cm high which surprised me. Turns out the control was in the correct place but the feature on the map wasn't. Long leg to control 4 and a fence corner went without incident. I caught Colin here. The leg had caused him some troubles, as it had with Blair. Proceeded on a match race with Colin through 6 and 7.

Mid race: Not many controls to the finish now. But why was i going to beat y target time by 10 minutes? Something strange is going on. I asked Colin for a quick look at his map... it had two extra controls. I had obviously drawn course 1 short. Decided to rely on map memory for the last two on the course. Spent some time memorising and did a minor 90 degree error. This was useful as it put Colin ahead of me at control 8, the last on my map. I had two more and a runner in front who I could chase. Had him in sight by the unmarked control 9 and had caught him on the approach to 10. I couldn't remember whether it was the right or left gully. Colin was going up the right ahead of me so I followed. He muttered something about 'you try the other one'. I thought this was a transparent play. It wasn't. Turned out I knew where I was and Colin knew where we needed to be. Between us we had the answer. So he showed me his map and I told him where we were.

Sprint to the finish 1: I made a big effort on the final leg to the finish, which was an uphill sprint. Left Colin (I thought) in my wake and reached the finish somewhat spent. But I was dead on 50 minutes.. mission accomplished. ?

Sprint to the finish 2: I had spent about a minute getting back the ability to breathe when Colin appeared across the road running away from the finish. It dawned on me that there was a third control I hadn't marked. Off I went in his wake, to the only feature down there. It had to be in the very shallow gully. Arriving just after him I then took off up the hill back to the finish. Hey... Colin is heading of to the left. Not another control? So I changed direction away from the finish, only a little later to see Colin changing direction towards the finish. Either he had made a mistake or was playing with me.

The post-mortem: My first finish time was 50 minutes, the second was a almost 52 according to the garmin which I had stopped and restarted. According to the SI box which counted my false recovery time, I was almost 53. So we went over our maps together and then the second last problem emerged. Courses 1 and 1 short had a different first control. I had run past the one I needed early on the course. DNF?

Control collection Part 1: Went relatively painlessly until I got home and we did the final control check. Number 58 was missing. I then checked the maps and realised it was the last control on course 1 short, and I hadn't drawn that on my map either! In consequence, when Derek had collected all the controls in that direction, I assumed he had got all of them, but he had left 58 for Louise as the last runner of the day.

Control Collection Part 2: At 5.45 I hopped in the car and headed back to Lyell Forest. I was in a hurry to get there before dark, and left the map and torch at home. As luck would have it, this was when the kangaroos decided to get even for their brush with me at Mosquito Creek a couple of months ago. The ploy they used was very clever. One chose to stand still in the middle of Emu Creek road just where it knew it would be obscured by oncoming headlights. I saw it with 10 metres till impact, made a rapid breaking and swerving manoeuvre and achieved a glancing blow to the car. The damage was minimised to a defunct headlight and blinker and undercarriage mud flaps that needed to be forcibly removed. The outcome was a late arrival in the dark and a search for a control with no torch or map. I think I found it because I remembered the location from Ian's event last year.

You can forward the Black Crow early this year if you wish.

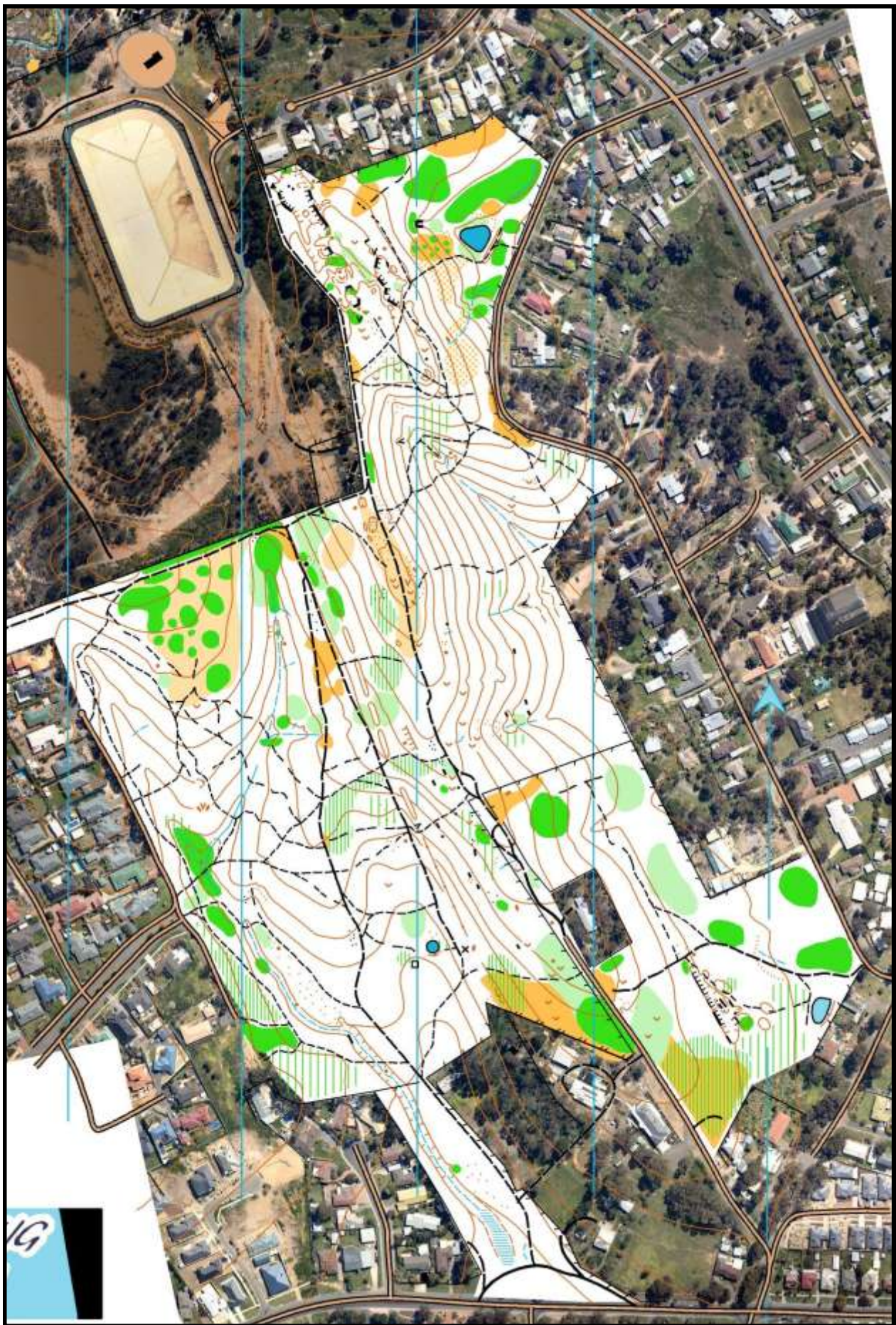
New Maps

Morton Ridge: A small area with some complex mining, dominated by Whipstick scrub to the north. This area is very close to Eaglehawk Nth primary school and is intended for the schools Orienteering program.

Rocky Rises: Also intended for school Orienteering, but probably a big enough area for other events. It is uncomplicated spur/gully terrain with a few interesting rocks, a good track network and some thick scrubby areas.

Specimen Hill: (next page) Some very complex old mining terrain with a complex and at times vague track network, it is also quiet steep in places, and very thick. It is only a fairly small area and only really suitable for sprint type events. Map seen here in a composite view of OCAD and aerial photo.





And finally: need some inspiration for that long training run? Check out [Pat Farmer who is running from the north pole to the south pole](http://poletopolerun.com/) at the rate of 80km per day with no rest days! He's half way through Mexico, and despite having lost a lot of weight and having a bit of knee trouble, he's still going strong. Pat is raising money for the Red Cross; he has previously run around Australia - 15000km in 191 days.
<http://poletopolerun.com/>