BENDIGO ORIENTEERS INC. SAFETY REGULATIONS

Bendigo Orienteers Inc. regards your safety to be of prime importance. Safety is everyone's responsibility and with your cooperation we can all enjoy a safe event.

Please read the regulations carefully. Your entry implies your agreement to abide by these regulations:

- 1. Provide all information required at registration.
- 2. All participants must register with the relevant system before setting out on your course. When finished you must report to the finish and download even if you haven't completed your course.
- 3. All participants or groups are advised to carry a compass and be familiar with its use. Compasses are available at each event for borrowing.
- 4. You should carry a whistle with you while orienteering. If you become lost or injured during an event, the emergency signal is 6 short blasts followed by a pause, then continue to repeat this. Any orienteers hearing this signal are required to abandon their course and assist the person.
- 5. A safety bearing will be indicated on your map at the course setter's discretion. If you become lost you should continue on this bearing until you reach a vehicle track. Vehicle tracks will be searched first.
- 6. First aid equipment is available at each event and can be located in the trailer. Participants should report all injuries to the event organiser who will coordinate first aid response and incident recording.
- 7. The return time deadline is 3pm unless otherwise advised. You must report back to the finish by this time even if you haven't finished your course.
- 8. Orienteers completing courses 1 & 2 are asked to report to the organiser before leaving the event. You may be needed to stay and help with searching for an overdue participant.
- 9. Orienteering events carry all the risks associated with the bush, farmland and urban environment, including all land forms and objects whether natural or man-made. Participants acknowledge that due to their behaviour and actions during an event, the risks associated with orienteering could result in personal injury. In relation to the map supplied and the actual terrain, no guarantee is made to have identified all or to have removed any of the hazards in the orienteering or surrounding area.
- 10. All participants, by registering to participate in events conducted by Bendigo Orienteers will at all times during the event and in all circumstances whatsoever arising out of the conduct of the event, comply with any reasonable direction given to them by club officials or their agents.
- 11. Bendigo Orienteers is a child safe organisation. We have a child safe code of conduct which all participants are expected to follow.